



*Where hope,  
health & housing  
meet!*



# 2024

PROGRESS REPORT



**NATIONAL  
HEALTH  
FOUNDATION**

*Dear NHF staff, board, supporters and community,*

*The last 24 months of our Arleta journey have been an arduous pursuit filled with periods of setbacks and uncertainties, ultimately showcasing our spectacular perseverance and leading to the organization's greatest resurgence yet with its now 300 recuperative care beds throughout Los Angeles and Ventura Counties. This is undoubtedly a direct result of our team's unwavering commitment to stop at nothing in achieving NHF's mission of health equity for all.*

Warm regards,  
Felita Jones, EdD  
President & CEO





# Year in Review

This year, we made significant strides in our various programs and service areas. We successfully completed construction and welcomed our first guests to our newest facility in the LA neighborhood of Arleta, **bringing our total recuperative care bed count to 300!** We are excited and eager to deepen our role as a leader in ending homelessness in Southern California. Our Nutrition & Food Access programs continued to expand into new communities across LA County, reaching a record 13,000+ residents in need of support. This work led to us winning **Outreach Organization of the Year** at the annual state-wide CalFresh Forum. We also strengthened our community ties through impactful events and initiatives, furthering our commitment to building power with community members, so they are in charge of their health. Lastly, we engaged with over **200** youth, offering health education and leadership development, so our future leaders are well-prepared, healthy, and community focused.

## Mission

To improve the health of under-resourced communities by taking action on the social determinants of health.

## Vision

That all people, regardless of who they are or where they live, can achieve their highest level of health.

## Values

Every aspect of our work is deeply rooted in six core values that make up the foundation of our organization - Health Equity, Empathy, Partnership, Our People, Community & Justice.



# Program Highlights



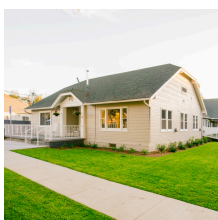
## Arleta Recuperative Care & Interim Housing

With construction wrapped and contracts in place, we opened this facility on **April 21, 2024**. We now offer LA Hospitals and community partners **148** more recuperative care and interim housing beds for unhoused senior citizens.



## Glendale Recuperative Care

After operating for a full year completely as a recuperative care facility under CalAIM, we have been able to provide medical respite for **636** unhoused individuals with 36 beds available to the community.



## Pico-Union Recuperative Care

Having been serving the community now for 7 years, this facility continues to be a staple in the homelessness sector for improving the health of unhoused people. In 2024, we provided care and shelter to **631** people.



## Ventura Recuperative Care

We continued to be the only recuperative care provider in Ventura County, working with the County's Health Agency to provide shelter and care to **465** in 2024. We were also able to launch our new rapid rehousing program, and housed 8 people before the year was over!

## Food & Nutrition Access

In 2024, our health educators and community health workers/promotores de salud reached **13,200** households who were food insecure. We assisted **1,600** with applying to CalFresh food benefits and case managed **600** for a 6-month period. We hosted 12 completely free food distributions giving away over **9,000** pounds of food to **1,300** people.

## Youth Engagement

This was a record year for our youth engagement programs! We continued our Be a STAR program but added 2 new school and community partners, giving us the opportunity to engage **212** young people. On top of that, we were able to survey students and discovered that **96%** of program participants graduated or were on track to graduate, compared to the LAUSD average of 87%.

# Looking Forward

## ● **Recuperative Care & Homelessness**

While Southern California has started to see some progress in reducing the number of people experiencing homelessness, we are still at catastrophic levels. We need more of all types of services to end this inhumane experience. We are eager to ensure our new facility is utilized to its fullest potential in 2025 and beyond! And we're starting to look for the next city/county that can benefit from our proven model.

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## ● **Food & Nutrition Access**

In 2025, we plan to continue promoting CalFresh benefits to communities with low utilization rates, and providing nutrition education classes and hosting food distributions at partner sites. We plan on applying to become a managed care plan partner for CHW benefits and hope to reach more households with that service offering.

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## ● **Youth Engagement**

We're excited to share that we have secured funding to launch a new youth program in 2025 - a transitional age youth internship taking place at our new Arleta facility, we're calling Bridging Horizons. This intergenerational approach to youth engagement aims to improve health for both the local youth and senior guests at our recuperative care site.

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## Closing Remarks

2024 was a huge year for NHF! We are proud of all the work we accomplished and are extremely grateful for the communities who have supported us. While challenges undoubtedly are ahead, we know that when we align our mission with our resources, and our skills with our enthusiasm we can accomplish a lot and continue to improve the health of communities.



# Financial Overview



## Revenue

Total Revenue: \$14,416,027

## Expenses

Total Expenses: \$14,164,244

## Funders, Donors & Grants

The Albertsons Companies Foundation  
Archstone Foundation  
John A. Calderon  
California Association of Food Banks  
City of Buenaventura (Ventura)  
Los Angeles County Department of Public Health  
Los Angeles County Food Equity Initiative  
L.A. Care Health Plan  
Providence Health System  
United Way of Greater Los Angeles  
Cedars-Sinai Medical Center  
County of Ventura Health Care Agency  
UniHealth Foundation  
Los Angeles Homeless Services Authority  
Gold Coast Health Plan

