



## Admission Criteria for National Health Foundation Recuperative Care

- **Experiencing homelessness**
- **Has a medical need**
- **Independent with ADLs**
  - Can independently ambulate (or independently use walker/wheelchair/crutches) with NO ASSISTANCE and NO STANDBY ASSISTANCE for at least 100 feet.
- **Continent of bowel and bladder (Or can independently manage adult diaper and proper disposal)**
- **Medically and psychiatrically stable**
  - No active withdrawal symptoms
  - No conditions requiring immediate medical attention or follow-up within 48 hours of admission.
  - Alert and oriented fully (person, place, time, event/situation)
  - Any medical device or equipment must be independently cared for by guest.
- **Medication management**
  - Able to self-administer ALL medications.
  - No tapered dose medications
- **Cleared from any transmission-based precautions.**
  - No active transmissible infections and no isolation.
  - No active Scabies, lice, body lice, etc.
  - Diarrhea- guest must be treated for and cleared from diarrhea symptoms prior to admission.
  - IV antibiotics must have home health.
  - NO active C-Dif (CDF), ESBL, MRSA, VRE, CRE, etc.
- **Wounds**
  - Home health must be scheduled for any open wound and wound clinic scheduled if needed.
  - Guest must be independent in care of any wounds including but not limited to: dressing wound, cleaning wound, medicating if needed, etc.
  - All supplies for care should be provided to guest and available to them on admission.
  - Wound Vac: Must have home health scheduled. Guest must be able to care for wound vac independently.
- **DME:** If needing walker, wheelchair, or other DME, guest must arrive to facility in possession of DME.
- **Home health/Physical Therapy/ Occupational Therapy**
  - Home health/OT/PT must be arranged by hospital PRIOR to guest's arrival if needed.
    - Home Health needed for (but not limited to): wounds, IVs (any IV or central access), fractures, surgeries/surgical wounds, or devices, etc.
- **Cardiac parameters**
  - No Life Vests/Zoll Vests/ external defibrillators of any kind
  - EF must be above 20%. We recommend a higher level of care for extremely low cardiac function.
- **Prior to admission to recuperative care, if no insurance is in place, emergency Medi-Cal application should be submitted by hospital.**
- **Guest should be educated on the nature of the Recuperative Care Program and it's limitations by the hospital prior to admission.**