

# IMPACT REPORT 2021



NATIONAL  
HEALTH  
FOUNDATION





**NHF HAS ALWAYS BEEN A FISCALLY STRONG ORGANIZATION,**

**GUIDED BY ITS VALUES, AND THIS HAS NEVER BEEN**

**MORE APPARENT THAN IN THESE LAST SEVERAL MONTHS.**

**National Health Foundation**  
has a mission to improve the  
health of under-resourced  
communities by taking action  
on the social determinants  
of health.



**THANKFULLY, NHF DID NOT HAVE TO LAY OFF ONE EMPLOYEE**

**OR REDUCE ANYONE'S HOURS DURING THE PANDEMIC.**









**NHF DEVELOPS SOLUTION-ORIENTED AND**

**COMMUNITY-CENTERED PROGRAMMING ACROSS**

**FOUR HEALTH EQUITY INITIATIVES.**





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“As an organization, we continually assess our situation **through the eyes of those we serve**. Ultimately, we attribute our success this year to that viewpoint.”

– Kelly Bruno  
President & CEO



To our benevolent and fierce advocates, supporters, and health equity drivers:

National Health Foundation had BIG plans for 2020. But in early March, we were thrown a curveball that no one was prepared for – a global pandemic. Our communities were quite literally shut down, resulting in the need to change the way we did just about everything.

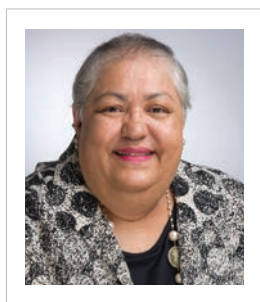
In response, National Health Foundation quickly and nimbly adapted and did all it could to support our communities and our employees. Guided by our core values, we pivoted our existing in-person services to virtual ones to keep our communities engaged. We provided support to families applying for pandemic assistance to address food insecurity and hosted food distribution events. We increased our investment in justice, equity, diversity, and inclusion efforts to provide additional resources for staff. But our largest undertaking of the year was the opening of an emergency, 90-bed recuperative care site at a local hotel through the statewide initiative, Project Roomkey.

NHF has always been a fiscally strong organization, guided by its values, and this has never been more apparent than over this past year. Which is why when the dust settles and this pandemic finally comes to an end, it will be the following accomplishments that will define NHF's true success in 2020:

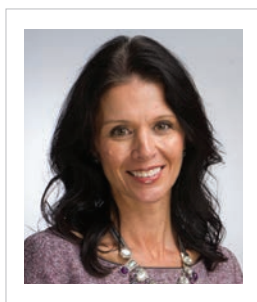
- Not one NHF employee was laid off, had a reduction of hours, or lost their job.
- All NHF employees working in our recuperative care centers received hazard pay from March to the end of 2020.
- All NHF employees were supplied with needed PPE both at home and in the workplace
- All guests in our recuperative care programs, were allowed to stay until a safe interim or permanent housing option could be identified, resulting in \$215,000 of charity care.
- Over \$150k of additional pandemic assistance was secured for families in need and over 2,000 community members received food directly from our food distribution efforts.
- Employees from ALL NHF programs, including administration and leadership, rolled up their sleeves and in three short weeks opened a 90- bed emergency recuperative care program to help individuals experiencing homelessness that were most at risk...and continue to offer these beds to the community still today.

As an organization, we continually assessed our situation through the eyes of those we serve. Our leadership analyzed scenarios through the eyes of each staff member. We looked at our programs and services through the eyes of the people we were attempting to help. Ultimately, we attribute our successes this year because of that viewpoint. In this report we try to convey through others' eyes NHF's impact.

You will still find our program and operational statistics on the coming pages, but more importantly, we hope you read and internalize the stories presented here. This is what our work means to those we serve. Thank you for your continued and generous support of NHF. We hope you will join us in our next chapter.



Laura Trejo  
NHF Board Chair



Kelly Bruno  
President & CEO



**ALL GUESTS IN OUR RECUPERATIVE CARE PROGRAMS ARE INVITED**

**TO STAY PAST THEIR APPROVED LENGTH OF STAY.**





## OUR COVID-19 RESPONSE

### PPE, POLICIES AND PRECAUTION

All NHF employees and interim housing guests are supplied with PPE both at home and in the workplace. New policies, procedures and environmental changes are continually enacted to maintain safe operations.

### PROVIDING A HOME

All guests in our recuperative care programs are invited to stay past their "approved length of stay" until a safe interim or permanent housing option can be identified, resulting in \$215,000 of charity care in 2020 alone.

### TESTING & VACCINES

NHF has comprehensive testing protocol at all interim housing sites. Only a handful of cases occurred in 2020 across 200+ interim housing beds and were immediately quarantined. Staff and guests have received information and have been supported in accessing vaccines.

### FOOD SECURITY

NHF is addressing food insecurity in local communities through ongoing food distributions. NHF's team of Promotoras are also providing assistance to individuals and families applying for government assistance such as CalFresh and P-EBT supplements.

### MAINTAINING COMMUNITY CONNECTION

NHF has taken its community engagement activities online, hosting virtual youth development programs, nutrition education, and neighborhood leader meetings to address immediate health and wellness concerns.

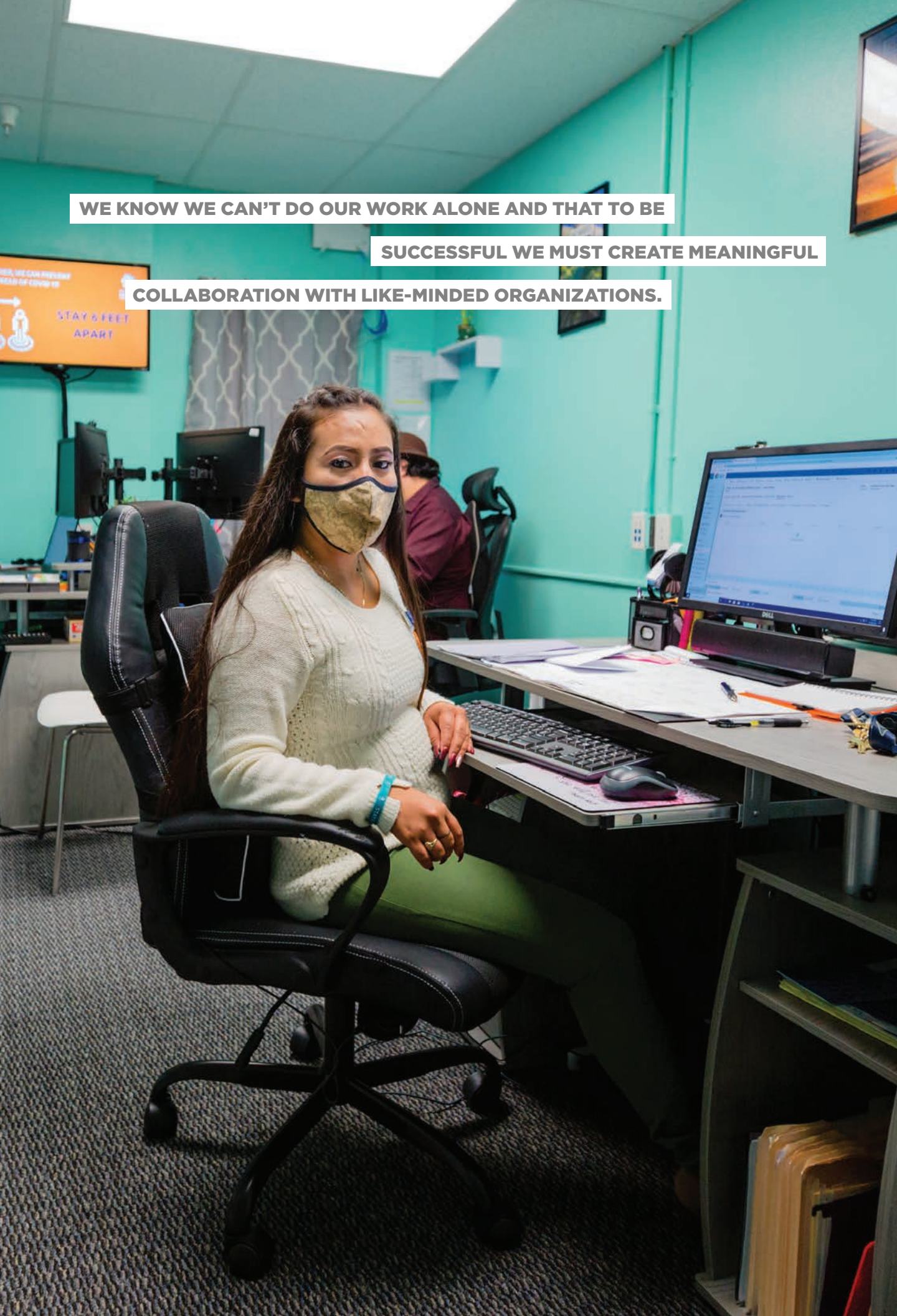




**WE KNOW WE CAN'T DO OUR WORK ALONE AND THAT TO BE**

**SUCCESSFUL WE MUST CREATE MEANINGFUL**

**COLLABORATION WITH LIKE-MINDED ORGANIZATIONS.**





## NHF VALUES

### Community:

We recognize that the communities we serve are the experts in understanding what they need to be healthy and thrive.

### Empathy:

We believe in our ability to listen, reflect and put people's experiences first, to better understand and support their health needs.

### Health Equity:

We believe that everyone, no matter who they are or where they live, should have a fair and just opportunity to be as healthy as possible.

### Justice, Equity, Diversity & Inclusion:

We believe that understanding the historic and current manifestations of racism and oppression will enable us to most effectively take action on the social determinants of health.

### Our People:

Our employees are the heart of our organization, and together, we move our mission and vision forward.

### Partnership:

We know we can't do our work alone and that to be successful we must create meaningful collaboration with like-minded organizations.

## NHF VISION

Our vision is that all people, regardless of who they are or where they live, can achieve their **highest level of health.**



## JEDI STATEMENT

**National Health Foundation** believes justice, equity, diversity and inclusion are essential to accomplishing our mission and maximizing our impact. Understanding the historical and current manifestations of racism and oppression will enable us to most effectively take action on the social determinants of health. As one of our core values, **JEDI** will shape our strategies, programs, operational activities, and advocacy efforts. We recognize the work of **JEDI** is difficult, but our commitment is unwavering.



## TIMELINE

<b>JANUARY 2019</b>	NHF is selected for participation in the National Health Care for the Homeless Council's Collaborative for Diversity, Equity & Inclusion.
<b>APRIL 2019</b>	Diversity, Equity and Inclusion was formally adopted by the Board of Directors as one of NHF's core values.
<b>MAY 2019</b>	NHF creates and launches a series of resources to engage staff, facilitate learning and conversation around key topics. Resources continue to be offered today, including but not limited to on-site DEI libraries, inclusive language guide, monthly educational e-newsletters, and interactive engagement events.
<b>JUNE 2019</b>	NHF adopts and publicly releases a formal DEI statement.
<b>SEPTEMBER 2019</b>	NHF Board of Directors dedicates their annual retreat to furthering the organization's DEI efforts, including day-long education and strategizing.
<b>MARCH 2020</b>	NHF begins to move many out-sourced services and purchases to minority and women-owned businesses.
<b>APRIL 2020</b>	JEDI distributes the annual staff and board of directors demographic survey, which informs the organization's engagement, retention and development strategies.
<b>JULY 2020</b>	Through its employee engagement survey software, TinyPulse, NHF asks staff to rate the effectiveness of JEDI's initiatives. The results indicated a positive 8.5/10 rating and opportunities for growth.
<b>NOVEMBER 2020</b>	JEDI finalizes its first comprehensive, strategic plan with goals and objectives aimed at improving operations, company culture, recruitment, retention, and other JEDI practices at NHF.



**NHF WORKS DIRECTLY WITH COMMUNITIES THAT HAVE**

**BEEN HISTORICALLY OPPRESSED AND CONSTRAINED BY**

**INADEQUATE RESOURCES AND DISCRIMINATORY POLICIES.**



## STRATEGIES

**In our mission to improve the health of under-resourced communities, National Health Foundation employs three key strategies that collectively help us achieve upstream action.**

### **Direct Services:**

Essential services to under-resourced communities that address immediate social needs, like providing job training, shelter, education, and access to food.

### **Community Engagement:**

The relationship-building and civic engagement process that develops trust and understanding between NHF, community residents, stakeholders and civic institutions in order to elevate local voices in solving issues impacting the community's well-being.

### **Research:**

The process of systematic inquiry that includes the collection of data; documentation of critical information; and analysis and interpretation of that data/information to inform or improve work.

### **The Result: *Upstream Action***

Strategies that focus on improving social and economic structures in order to decrease barriers and improve support that allows people to achieve their full health potential.

## INITIATIVES

NHF works directly with communities that have been historically oppressed and constrained by inadequate resources and discriminatory policies to resolve and reverse these entrenched obstacles. Informed by our strategies, NHF develops solution-oriented and community-centered programming across four health equity initiatives:

**Food Access**

**Built Environment**

**Education**

**Housing**



**WE BELIEVE IN OUR ABILITY TO LISTEN, REFLECT AND**

**PUT PEOPLE'S EXPERIENCES FIRST, TO BETTER**

**UNDERSTAND AND SUPPORT THEIR HEALTH NEEDS.**











**NHF HAS BEEN ACTIVE IN THIS SPACE FOR A DECADE,**

**OFTEN MOVING BEYOND DIRECT SERVICE TO WORK**

**ON SYSTEMIC ISSUES AT THE HEART OF THIS CRISIS.**



HOUSING

NHF is working toward housing equity by providing recuperative care, an interim shelter program with comprehensive medical and social supportive services. Operating 190 beds across five sites, NHF has been active in this space for a decade, often moving beyond direct service to work on systemic issues at the heart of this crisis.

Recent data from a contracting health care system showed:

- Only a 9% readmission rate 30 days post-hospital discharge
- A 78% decrease in direct costs for individuals during the 6 months post-hospital discharge

IMPACT IN 2020

- 1,129 guests hosted in our recuperative care sites
- 84, 870 safe shelter nights provided
- \$10.3M in cost savings to the healthcare system through recuperative care
- 95% of guests are connected to the Coordinated Entry System
- Due to the pandemic, NHF provided guests with 859 days of charity care, equivalent to \$215,000 in unfunded services
- 44% of guests transitioned to stable housing options after an 18-day average length of stay

GUESTS WERE MOVED ON AVERAGE 2 POINTS ALONG NHF’S HOUSING PATH SCALE DURING THEIR STAY:

	Guest does not have a CES* score.
	CES status has been assessed and/or updated.
	Potential housing option(s) guest qualifies for have been identified.
	Shelter bed is best qualifying option.
	Guest has been accepted to an interim housing option.
	Guest has been accepted to a permanent housing option.

\*CES – Coordinated Entry System for the Los Angeles Homeless Service Authority

**"I THINK ABOUT THE SIGN THAT'S AT THE ENTRANCE OF**

**NATIONAL HEALTH FOUNDATION [RECUPERATIVE CARE] AND**

**HOW IT SAYS YOU ARE ALWAYS WELCOME. THAT'S HOW**

**THIS PLACE MADE ME FEEL, WELCOME AND AT HOME."**

**PEDRO, RECUPERATIVE CARE GUEST**





## SUCCESS STORIES

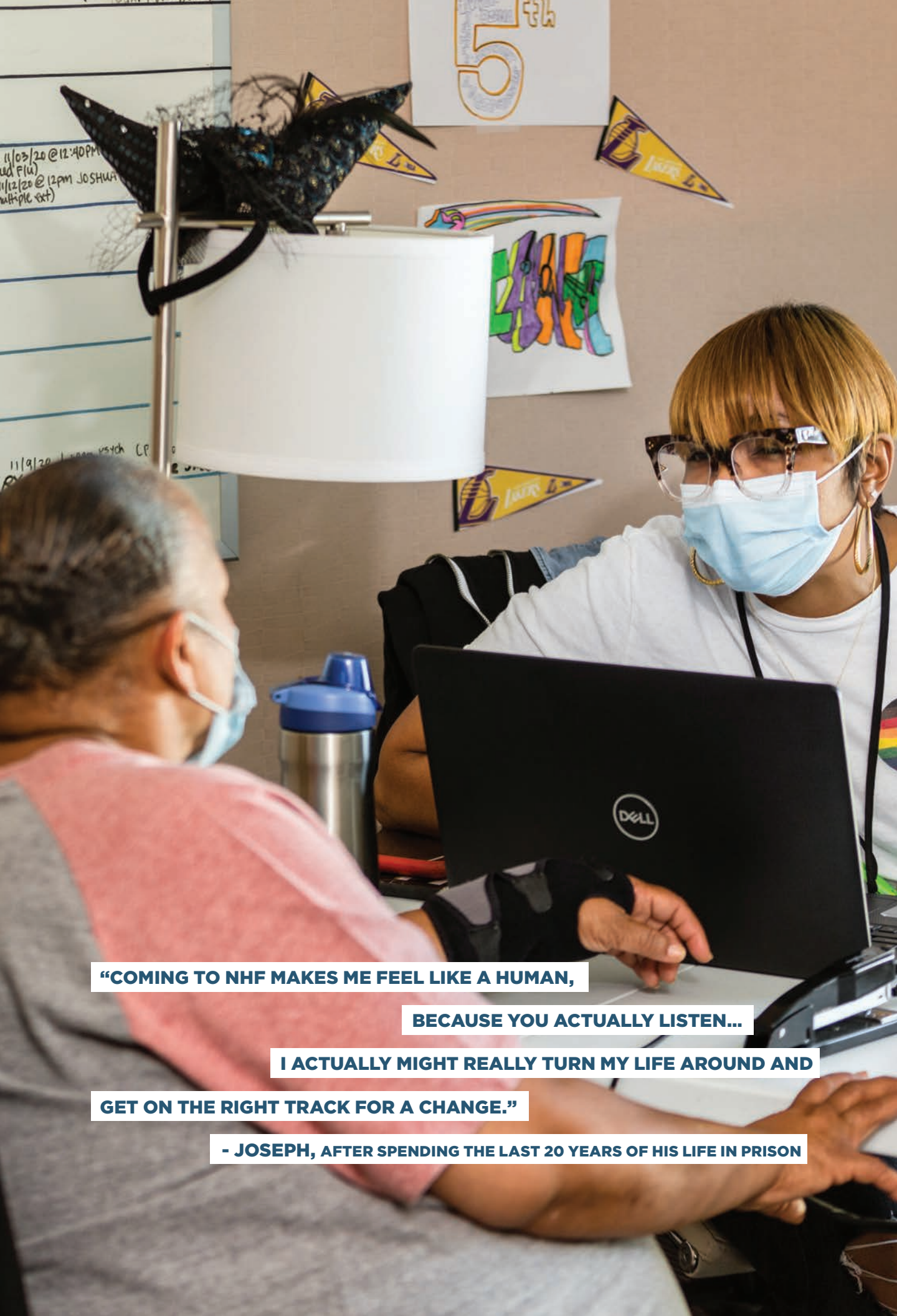
### THROUGH RYAN'S EYES

Ryan held a career as a boxing trainer for 20 years before arriving at NHF's Pico-Union Recuperative Care Center. He helped train great champions like junior middleweight Mike McCallum AKA "The Body Snatcher" and heavyweight champion Lamon Brewster AKA "Relentless Brewster." During this time, he also worked as a bouncer at the famous Bar One nightclub in Hollywood. One night, an altercation arose at the club and Ryan was shot in the right eye, putting him out of work. Soon after, Ryan found himself experiencing homelessness and encountering health issues, so he was admitted to St. John's Hospital where he was referred to NHF. With the support of NHF's dedicated team of social workers and outside partners, the team helped him secure Section 8 housing! Ryan was successfully discharged in November 2020 to his new home with a renewed sense of optimism for what lies ahead.

### THROUGH MAUREEN'S EYES

Faced with the loss of her sole income, Maureen found herself unable to pay rent and was forced to move into her car with her dog, Trenor, on the streets of Ventura. Living with diabetes made it difficult to manage her health, which landed her in the hospital where she was separated from Trenor and referred to NHF's Recuperative Care program in Ventura. Feeling helpless and worried for her pet, the Ventura team worked earnestly to find a place for Maureen to reside so she could be reunited with Trenor. She faced challenges resulting from memory loss and was unable to find a room for rent due to her recent eviction. But the team at Ventura pressed onward and after much research, the team found a sober living facility that accepted her application! In November of 2020, Maureen was discharged into her new home and was happily reunited with her life-long furry friend, Trenor.





**“COMING TO NHF MAKES ME FEEL LIKE A HUMAN,**

**BECAUSE YOU ACTUALLY LISTEN...**

**I ACTUALLY MIGHT REALLY TURN MY LIFE AROUND AND**

**GET ON THE RIGHT TRACK FOR A CHANGE.”**

**- JOSEPH, AFTER SPENDING THE LAST 20 YEARS OF HIS LIFE IN PRISON**



## PROJECT ROOMKEY

In May 2020, NHF opened a 90-bed emergency recuperative care Project Roomkey site in response to the COVID-19 pandemic. Funded by the Los Angeles County Department of Health Services, this site was in direct response to an influx of guests at other Project Roomkey sites with health issues too complex for typical interim shelter. With NHF's expertise in providing this care, and thanks to a critical partnership with Chrysalis to help staff the site, NHF was able to launch this site in three weeks and fill beds to 90% capacity within another two weeks. This site is still operational as of April 2021 and continues serving guests as the COVID-19 pandemic persists.

## SUCCESS STORIES

### THROUGH CALVIN'S EYES

After experiencing homelessness for four years, Calvin was temporarily placed in an emergency shelter in North Hollywood before he was transferred to National Health Foundation's Project Roomkey site when it first opened in May of 2020. A military Veteran, Calvin was eligible for benefits but was unable to activate them because he was living on the streets. Paired with NHF's social services team, the team worked with him to develop a housing discharge plan that included many benefits to help him meet his needs. After eight months, the team successfully enrolled Calvin in supplemental security income (SSI) and the Veterans Affairs Supportive Housing Program (VASH) where he was able to secure a one-bedroom apartment in the Valley. With over \$1,200 in monthly benefits, the VASH program covering his move-in costs and NHF paying his utility deposit, Calvin was happily discharged in January of 2021 to a brand-new apartment with furniture – a place to call his home. He is now focused on saving money and looking to reunite with his son.

### IMPACT IN 2020

- 90 beds fully ready for guests in 21 days
- 147 guests hosted in this program
- 62,761 safe shelter nights provided
- 42% of guests transitioned to permanent or permanent supportive housing so far
- 13 temporary employees at the time obtained permanent employment with NHF





**MORE THAN 8,300 GUESTS HAVE RECEIVED OUR**

**LIFE-CHANGING RECUPERATIVE CARE SERVICES.**







A close-up, profile shot of a woman with brown hair tied back, wearing a blue surgical-style face mask. She is looking off to the right. The background is blurred, showing other people in a crowd.

**“ BEFORE, WE WOULD GO TO THE DOCTOR AND HE WOULD**

**TALK ABOUT NUTRITION LABELS AND WE REALLY DIDN'T UNDERSTAND**

**THAT. AFTER THIS CLASS, WE GET IT NOW AND WE LIKED LEARNING THIS.”**

**- JULIANA, MOTHER OF TWO YOUNG CHILDREN**



## FOOD ACCESS

NHF is working toward food access equity by providing a variety of direct services that connect Angelenos to government food benefits and local resources, increase availability of fresh foods, and educate young people and adults on nutrition and food preparation. These services are paired with civic engagement efforts that simultaneously address the systemic issues at the foundation of pervasive hunger.



### IMPACT IN 2020

- Conducted outreach and education to 2,730 individuals across South and Central Los Angeles
- 250 nutrition education and physical activity classes hosted both virtually and in-person
- Assisted 356 individuals with submitting applications for CalFresh and P-EBT food benefits
- NHF Promotoras provided case management to 53 individuals/families enrolled in CalFresh
- Efforts infused nearly \$250,000 into the local economy through direct benefits
- Hosted first food distribution event, giving away 12,000 pounds of food to benefit 2,358 individuals

## STORIES:

### THROUGH ALEJANDRA'S EYES

When Alejandra reached out to NHF Promotora Fortina, she was doing so as a last resort. Laid off from work, diagnosed with COVID-19 and losing her husband to deportation, she found herself struggling to keep up with bills and putting food on the table for her three kids. Fortina immediately enrolled her in CalFresh so she could start receiving monthly food benefits and in knowing that she was in isolation, brought food to her family from local food banks straight to her door. Fully recovered, Alejandra now expresses sincere gratitude for Fortina's support in CalFresh enrollment and extending a hand when she needed it the most.

### THROUGH DANIEL'S EYES

For many, CalFresh food benefits and resources prove to be a lifeline as we saw in the case of Daniel, a 65-year-old South Los Angeles native. Daniel contacted NHF Promotora Fortina following a hospital discharge after battling COVID-19. He was still in quarantine when he called and asked for help with food resources. "Please help me, I am desperate because I need to eat healthier," he shared. In addition to enrolling Daniel for CalFresh, Fortina also enrolled him in the County's "Great Plates Delivered" program that delivers meals to seniors. This combination of services ensured that Daniel had access to three healthy meals a day, thanks to NHF's Promotoras.

**NHF IS WORKING TOWARD FOOD EQUITY**

**BY PROVIDING A VARIETY OF DIRECT SERVICES THAT**

**CONNECT ANGELENOS TO GOVERNMENT FOOD BENEFITS**

**AND LOCAL RESOURCES.**











"I AM AMAZED BY THE ETHICS, EMPATHY, DEDICATION AND

RESILIENCE OF OUR NHF TEAMS. WHILE THE WORLD

HAS GONE A BIT WILD AROUND THEM, THEY CONTINUE TO

MEET THE NEEDS OF OTHERS. SO PROUD TO WORK WITH

THESE AMAZING PEOPLE."

- LUCY RADOCCIA VEGA, *EXECUTIVE ASSISTANT TO THE PRESIDENT/CEO*



## BUILT ENVIRONMENT

NHF is working toward equity in the built environment by engaging community residents to identify and remedy barriers to health and wellness in their neighborhood's physical structure. Local efforts like "Comunidad de NHF," a resident advocacy group in Pico-Union, are working to change the literal landscape of the community to better support health and wellness. NHF is an active partner in other change campaigns to address historically under-funded and overlooked landscapes.

### IMPACT IN 2020

- Facilitated Comunidad de NHF, the Pico Union resident leader group made up of 42 neighborhood representatives
- In the midst of implementing a community-led change campaign for better streets in Pico Union through a 5-year Beautification and Street Improvement Plan with the City of Los Angeles Department of Public Works
- 40 outreach meetings and events hosted to engage more than 3,000 local residents in Pico Union
- Committed staff hours to Park Equity Alliance as an organizational member supporting several legislative measures

## NOT JUST A PANDEMIC PROBLEM SERIES

At NHF, we know first-hand that health inequities across green space, homelessness, food insecurity and education disproportionately impact the communities we serve. What we saw during the pandemic was a deepening of these inequities further exacerbating health barriers, particularly for Black, Indigenous, People of Color. These issues and more were explored in a blog series NHF staff developed entitled, #NotJustAPandemicProblem Series. We encourage you to visit our website and read through those blog posts, which are still incredibly relevant today.

– the #NotJustAPandemicProblem Series.





**"PARK EQUITY MEANS THAT HISTORICALLY DISADVANTAGED**

**COMMUNITIES ARE GIVEN THEIR RIGHT TO CLEAN AND OPEN**

**GREEN SPACE FOR THE BETTERMENT AND HEALTH OF**

**THEMSELVES AND THEIR NEIGHBORS."**

**- NAOMI HUMPHREY, NHF UNDERGRADUATE HEALTH EQUITY FELLOW**





## THROUGH NAOMI'S EYES

Naomi Humphrey has been a staunch community advocate ever since she began participating in NHF's BUILD Health LA Program at Thomas Jefferson High School in 2017. Now that she has graduated and moved on to pursue her undergraduate degree, we are witnessing her take that experience and put it to use in the fight for park equity.



### Interview with Naomi Humphrey, NHF's Undergraduate Health Equity Fellow

**Q: When did you first get involved with National Health Foundation?**

A: I first got involved with National Health Foundation in my 11th grade at Thomas Jefferson High School in South Central Los Angeles.

**Q: What did your participation look like in the BUILD project?**

A: Being involved with NHF meant I was actively conducting Youth Participatory Action Research (YPAR). By analyzing the barriers to health equity that our community faced, my peers and I were able to develop action plans to combat these health challenges on a local level. We partnered with local mini-marts and collaborated with small business owners to reduce the cost of produce in order to sell fresh and healthy produce at a low cost. In the following year we continued to identify areas of need in our community and chose to assess and research our local parks. We shared our research and plan for improvement with our neighborhood council, local officials, and even at the Measure A Board of Supervisors meeting.

**Q: What does your participation with NHF look like now as an undergraduate health equity fellow?**

A: As NHF's Undergraduate Health Equity Fellow I contribute to NHF's blog by writing for its built environment section. Articles from the park equity series highlights the disparities in park access across different communities in Los Angeles County. I am also representing NHF as a member of the Park Equity Alliance, a community coalition and movement to increase equitable access to parks and green space in Southern California.

**Q: What opportunities have arisen since you have been with NHF?**

A: Since being a part of National Health Foundation I have been interviewed for KPPC's Take Two podcast and LAist publication on the topic of park equity. I have also been a part of Prevention Institute's Community Advisory Board in partnership with the UCLA Fielding School of Public Health. This advisory board assisted with public health research on the relationship between parks, greenspace and life expectancy. I was also asked to speak and present my work in social justice for Prevention Institute's webinar series: Park Equity, Life Expectancy & Power Building. Recently, I have been nominated for the Los Angeles League of Conservation Voters Board, a governing entity that researches local races/elections in LA County and leads endorsement processes to support pro-environment candidates.

"Being a part of NHF has taught me that the fight for health equity needs to start with community mobilization and empowerment. Community disenfranchisement can be aided by changes in policies and institutional practices, but for real long-lasting change, community members that are the most affected by systemic barriers to health need a seat at the table."

**- NAOMI HUMPHREY,**  
NHF Undergraduate Health Equity Fellow

**NHF IS WORKING TOWARD EQUITY IN THE BUILT**

**ENVIRONMENT BY SHEPHERDING SEVERAL UPSTREAM**

**EFFORTS TO ADVANCE PARK ACCESS.**









**"NHF HELPS OUR STUDENTS BY PROVIDING AN**

**EDUCATION THAT SUPPORTS BODY AUTONOMY AND**

**EMPOWERS YOUNG PEOPLE TO MAKE THE RIGHT CHOICES**

**TO SUPPORT THEIR LIVES."**

**- TANYA LENTZ, *TEACHER* AT MCALISTER CENTRAL HIGH SCHOOL**





EDUCATION

National Health Foundation is working toward education equity by providing youth development and organizing opportunities at LAUSD high schools. With a focus on general student population, but also those at risk for teen pregnancy, NHF's programs offer opportunities for goal setting, personal growth and transformation. Beyond that, our programs encompass systems change campaigns, leadership development, civic engagement and movement building. Through our programs, NHF is creating a cadre of young people who are trained to advocate for themselves and for health equity on behalf of their community.

IMPACT

- Continued official partnership with LAUSD, allowing NHF to be an on-campus service provider across the County
- Offering youth development programs at six high schools
- Three unique teen pregnancy prevention program tracks
- Hosted online teen pregnancy prevention program for 45 high school students
- 100% of students on track to graduate either graduated or stayed on track to graduate
- 100% of students reported knowing how to prevent an unwanted pregnancy
- 80% of students reported knowing where they could comfortably seek mental health support
- 56% of students reported an increased their familiarity and understanding of the different types of birth control methods



Social media posts encouraging teens to participate in NHF's virtual sexual and reproductive health classes.





## CIVIC ENGAGEMENT

Civic engagement, like voting and advocating to government officials, is an important strategy to bring about upstream solutions that improve the health of under-resourced communities. This year NHF and community resident partners launched several strategies to begin more earnest, upstream work that promotes sustainable and scalable community-identified solutions to longstanding, entrenched issues. While these initial efforts are just a start, they are the seeds that we have committed to cultivating over the next several years in order to achieve more policy, systems and environmental change.

### Launched new strategies:

- Voter registration: inaugural effort at NHF's recuperative care site on National Voter Registration Day
- Community workshops: offered 4.5 hours on voting rights, County and State propositions, and local measures
- Signature collection: 144 signatures for Schools & Communities First initiative (Prop 15)
- Coalition participation: joined Re-Imagine LA, Health LA Coalition and Everyone In

### These strategies allowed NHF to participate in the achievement of:

- The passing of Measure J, a local measure that will allocate up to \$1 billion in Los Angeles County funds towards affordable housing, mental health services and jobs for all
- City and County passed emergency tenant protections including protections against non-payment of rent, and protections against no-fault evictions – Healthy LA Coalition
- LA City suspension of enforcement of LAMC 56.11 daytime “tents down” provision– Healthy LA Coalition
- LA City agreement to stop towing of RVs and other vehicles that people are using for shelter Healthy LA Coalition



Housing is Health Pledge



Voter Registration Day at Pico



Measure J Twitter Asset

**NHF IS CREATING A CADRE OF YOUNG PEOPLE WHO**

**ARE TRAINED TO ADVOCATE FOR THEMSELVES AND**

**FOR HEALTH EQUITY ON BEHALF OF THEIR COMMUNITY.**









**WE HAVE COMMITTED TO CULTIVATING OUR CIVIC ENGAGEMENT**

**STRATEGIES OVER THE NEXT SEVERAL YEARS IN ORDER TO ACHIEVE**

**MORE POLICY, SYSTEMS AND ENVIRONMENTAL CHANGE.**





## **BOARD OF DIRECTORS: EXECUTIVE COMMITTEE**

**Laura Trejo** CHAIR

*General Manager,  
Los Angeles Department of Aging*

**Bridget Harper** VICE CHAIR

*Principal,  
Bridget Harper Consulting*

**Jeffrey Thompson** SECRETARY

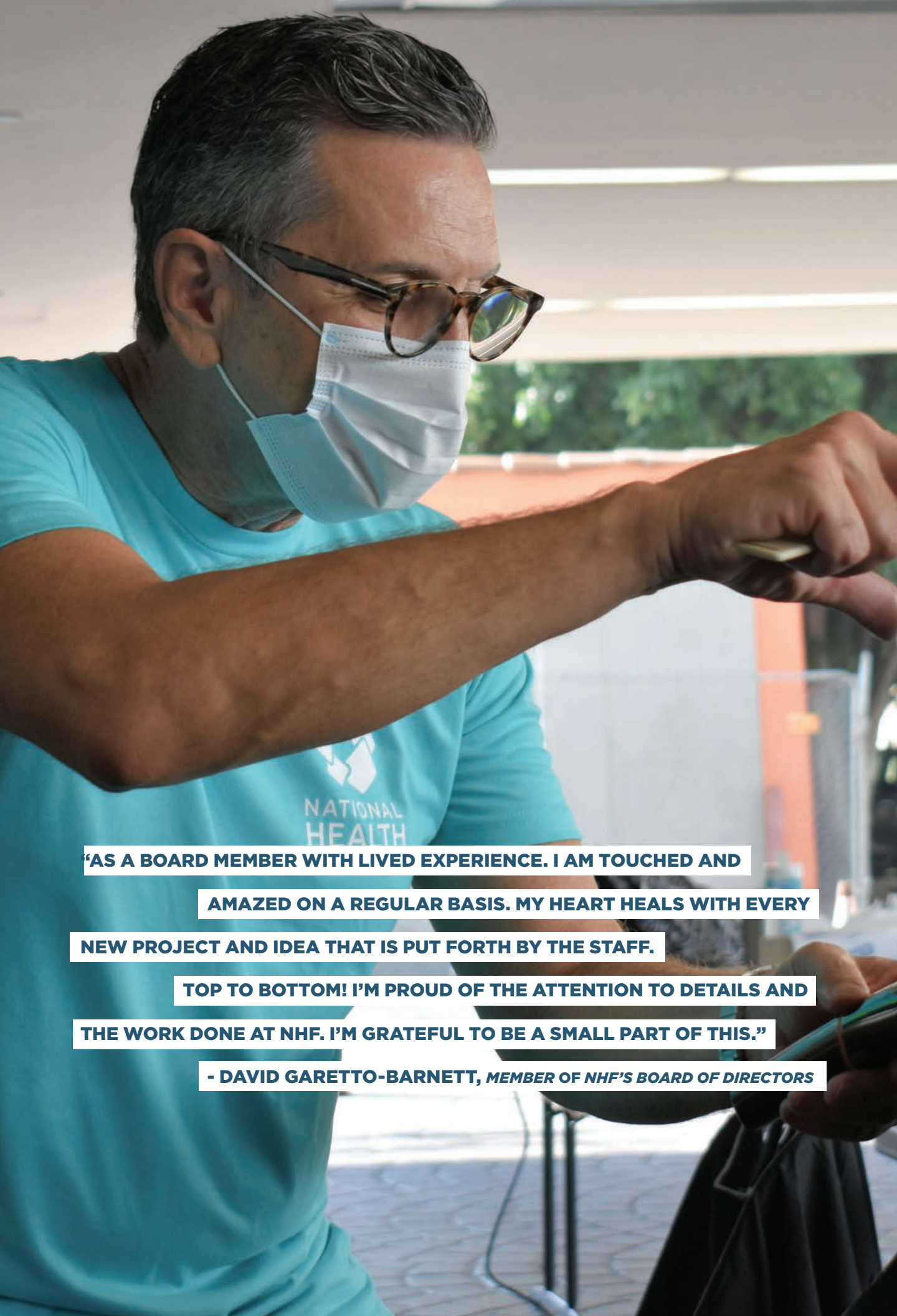
*Strategy Consultant,  
IBM*

**Steve Roussio** TREASURER

*Partner,  
Wipfli, LLC*

**George Greene** EX OFFICIO

*President & CEO,  
Hospital Association of Southern California*



**‘AS A BOARD MEMBER WITH LIVED EXPERIENCE. I AM TOUCHED AND**

**AMAZED ON A REGULAR BASIS. MY HEART HEALS WITH EVERY**

**NEW PROJECT AND IDEA THAT IS PUT FORTH BY THE STAFF.**

**TOP TO BOTTOM! I’M PROUD OF THE ATTENTION TO DETAILS AND**

**THE WORK DONE AT NHF. I’M GRATEFUL TO BE A SMALL PART OF THIS.”**

**- DAVID GARETTO-BARNETT, MEMBER OF NHF’S BOARD OF DIRECTORS**



## BOARD OF DIRECTORS: MEMBERS AT LARGE

### Joe Avelino

Chief Executive Officer,  
College Medical Center

### John Calderone

Retired CEO  
Hospital Administrator

### Allen Christensen

Strategic Services/Business Development,  
Providence St. Joseph Health Systems

### Esther Feldman

Principal,  
Feldman Consulting

### David Garetto-Barnett

Owner/Principal,  
David Allen Salon

### Kerry Heinrich\*

Chief Executive Officer,  
Loma Linda University Medical Center

### Ernest (Benny) Hinojos

Principal Attorney,  
Hinojos Law Group

### Sharon Stein Merkin

Assoc. Adjunct Professor,  
UCLA Geriatric School of Medicine

### Christina Miller

Sr. Policy Fellow for California State Policy,  
National Alliance to End Homelessness

### Stacy Miller

President,  
Stacy Miller Public Affairs

### Jessica Sims

Regional Medical Director,  
Regal Medical Group

### Gerald (Jerry) Sullivan

Chairman,  
G. J. Sullivan Co. Reinsurance

\*Served during the 2019-2020 Fiscal Year.



**"I AM SO INCREDIBLY GRATEFUL AND PROUD FOR THE WAY IN  
WHICH NHF AS AN ORGANIZATION STOOD TOGETHER WITH OUR  
GUESTS THIS PAST YEAR!... WE WERE ABLE TO WORK TOGETHER TO  
SHOW OUR STRENGTH, DETERMINATION AND RESILIENCY  
TO ASSIST OUR GUESTS IN GETTING THROUGH THIS UNCERTAIN TIME...  
FORWARD MOTION!"**

**- AISHA ASTACIO, PROGRAM MANAGER, VENTURA COUNTY**



## SENIOR LEADERSHIP

**Kelly Bruno**  
*President & CEO*

**Mia Arias**  
*Chief Operating Officer*

**Danielle Cameron**  
*Chief Strategy Officer*

**Tanya DeHoyos**  
*Chief People Officer*

## MANAGEMENT

**Christian Ocampo**  
*Director of IT*

**Chad Monk**  
*Director of Community Initiatives*

**Antonio Tate**  
*Director of Recuperative Care, Pico Union*

**Lionell Garcia**  
*Senior People & Culture Generalist, Payroll Manager*

**Stephanie Monterroza**  
*Senior Program Manager*

**Grace Cotangco**  
*Operations Manager*

**Angela Negrete**  
*Social Services Manager*

**Qiana Parhm**  
*Nursing Manager*

**Camille Demano**  
*Relationship Manager*

**Samuel Lopez**  
*Program Manager, Mid City*

**Aisha Astacio**  
*Program Manager, Ventura County*

**Nicholas Correnti**  
*Account Executive*





COUNCILMEMBER GILBERT CEDILLO



MAKING THE FIRST DISTRICT #1



Pida un dulce,  
envíelo a un  
árbol de los deseos



THANK YOU TO ALL OUR PARTNERS FOR MAKING

ALL OUR EFFORTS POSSIBLE



## PARTNERSHIPS

Thank you to the following partners, who have made it possible for NHF to advance its mission this past year.

### COMMUNITY & ADVOCACY ORGANIZATIONS

Chrysalis  
California Association of Food Banks  
LA Food Policy Council  
Los Angeles Regional Food Bank  
National Health Care for the Homeless Council  
National Institute for Medical Respite  
Park Equity Alliance  
Prevention Institute  
Southside Coalition of Community Health Centers  
The Root Cause Coalition  
The Salvation Army  
EveryoneIn  
Healthy LA Coalition

### PUBLIC & PRIVATE HEALTHCARE PARTNERS

California Hospital Association  
Hospital Association of Southern California  
Hospital Association of San Diego and Imperial Counties  
City of Los Angeles Department of Aging  
Los Angeles County Department of Public Health  
Los Angeles City Department of Public Works Office Of Community Beautification  
Los Angeles County Department of Health Services  
Los Angeles Homeless Services Authority  
Ventura County Healthcare Agency  
Eisner Health  
LA Care  
Blue Shield Promise Health Plan  
Anthem Blue Cross  
Cedars Sinai Medical Center  
Prospect Medical Group  
Providence  
Dignity Health System  
Ventura County Medical Center  
Community Memorial Hospital and Health System, Ventura  
St. John's Regional Medical Center  
St. John's Pleasant Valley Hospital

### LEGISLATIVE PARTNERS

The Office of Supervisor  
**Hilda Solis**  
The Office of Councilmember  
**Gil Cedillo**  
The Office of Councilmember  
**Curren Price**  
The Office of Councilmember  
**Mark Ridley Thomas**

### EDUCATION PARTNERS

Los Angeles Unified School District  
Thomas Jefferson High School  
Santee Education Complex  
Harold McAlister Opportunity High School  
Ramona Opportunity High School  
Orthopaedic Hospital Medical Magnet High School  
John C. Fremont Senior High School  
Dr. Julian Nava Learning Academy  
Nevin Avenue Elementary School  
Hooper Avenue Elementary School  
Twentieth Street Elementary School  
Woodbury University  
CORE Educational Services

### CORPORATE PARTNERS

Pam Mokler & Associates  
Pulse for Good  
Achievelt  
Ledgeview Partners, LLC  
Everytable  
Moss Adams

**YOUR GENERAL DONATIONS WILL HELP US ADDRESS THE**

**RACIAL INJUSTICES AND THE SYSTEMIC INEQUITIES.**





## MAJOR FUNDERS

Los Angeles County  
Department of Public Health  
Los Angeles County  
Department of Health Services  
Los Angeles Homeless  
Services Authority  
Ventura County Healthcare Agency

Accredited Home Health Services  
Albertsons Companies Foundation  
Annenberg Foundation  
California Community Foundation  
City of Hope Foundation  
Comcast NBC Universal Foundation  
Fanny and Svante Knistrom  
Foundation  
California Food Bank Association  
S. Mark Taper Foundation

The Change Reaction  
The Harold Edelstein Foundation  
The Ralph M. Parsons Foundation  
The Rose Hills Foundation  
The Smidt Family Foundation  
The Weingart Foundation  
United Health in collaboration  
with National Health Care for  
the Homeless Foundation  
United Way Emergency Food and  
Shelter Program

## PLEASE CONSIDER SUPPORTING OUR MISSION



Would you consider a donation today? Visit our website today:  
<https://nationalhealthfoundation.org/donate-give/>

- \$25 will provide transportation for a guest to move into their new home
- \$50 will provide a week of meals for someone in need
- \$100 will provide a set of clean clothing, a jacket, shoes and blankets for a neighbor with no home
- \$250 will provide safe shelter for a neighbor with no home

But more so, your general donations will help us address the racial injustices and the systemic inequities that create barriers to everyone having the opportunity to live their best and healthiest lives.

## IMPACT REPORT PRODUCTION

Art Direction and Design  
REDStudios.com

Photography  
Genesis Productions

Printing  
IPT - International Printing & Typesetting

## AWARDS

PROJECT  
INNOVATION

National Health Foundation Receives  
*2020 Project Innovation Award*  
from Comcast NBC Universal Foundation



NATIONAL  
HEALTH  
FOUNDATION



## FINANCIALS

This report covers both FY19-20 (April 1, 2019 – March 31, 2020) and FY2020 (April 1, 2020 – December 31, 2020). NHF has adjusted its fiscal year to match the calendar year and therefore had a 9-month fiscal year to accommodate that switch.

### 12 MONTHS ENDING MARCH 31, 2020

Revenue	
Grants/Programs	7,984,592
Investments	(229,951)
<b>Total Revenue</b>	<b>7,754,641</b>
Expenses	
Program	6,833,214
G&A	754,324
<b>Total Expenses</b>	<b>7,696,372</b>
<b>Change in Net Assets</b>	<b>58,269</b>

### 9 MONTHS ENDING DECEMBER 31, 2020\*

Revenue	
Grants/Programs	7,975,884
Investments	675,506
<b>Total Revenue</b>	<b>8,651,390</b>
Expenses	
Program	8,008,999
G&A	219,942
<b>Total Expenses</b>	<b>8,260,035</b>
<b>Change in Net Assets</b>	<b>391,355</b>

\*Fiscal year end changed to December 31.

**THANK YOU FOR YOUR CONTINUED AND GENEROUS SUPPORT OF NHF.**

**WE HOPE YOU WILL JOIN US IN WHAT WE ARE CERTAIN WILL BE**

**A NEW AND EXCITING CHAPTER IN NHF'S HISTORY.**









515 South Figueroa St., Suite 1300  
Los Angeles, California 90071  
213.538.0700

[www.nationalhealthfoundation.org](http://www.nationalhealthfoundation.org)